

January 2018

Volume 22, Issue 1

~ The Artist's Palette~

Warren County ARTS



INSIDE THIS ISSUE: From the President's Pen 1 Program & Exhibit 2 Schedule Treasurer Report 2 Member News 3 Description of President & 3 Treasurer Positions

SPECIAL POINTS OF INTEREST:

PotLuck Holiday Lunch

The Art of Falling

Pictures

 Remember New Program Dates & Times starting in January! 2nd Saturday, 1-3pm.

4

- January- Show & Tell: Bring a piece or two of your latest artwork to show and discuss with the membership after elections are completed.
- Pam Dulaff Opening Reception immediately after the January Program at 5 East Art Gallery, Washington, NJ. 4-7pm.

FROM THE PRESIDENT'S PEN

My fellow Artists,

An old (and troubled) year is closing, and the start of a new one is about to begin.

Some may find as they look around them that things feel unsettled, and possibly even ugly. But we can make our little corner of the world more beautiful, for yourself and those around you, simply by using the talents God gave us! By noticing, and capturing, the little things, (and the big things!) a tiny crocus, the intricacy of a

flower, or the wonder, and beauty of a child's face, a smile to warm your heart. These things enrich our world and make it a better place to live in, for All of us!! That's what WE do, as Artists!

This is my last Newsletter as your President, and I hope someone else will be courageous enough to keep this group going, by volunteering to go forward, as either your new President, or new Treasurer. We have a terrific and very supportive team—I came in 6 years ago

as a complete newbie, and we somehow all survived the experience!! Let Pam know if you are interested.

Our Winter Art Exhibit Reception is on Jan. 7th, and our meeting on Saturday, January 13th, when we will vote for the new officers, and do a bit of Show & Tell!

llook forward to seeing you!!
Your Prez,
Patti~



DAILY FARE

The meeting this month is SATUR-DAY Jan 13th, 1-3pm at the Oxford Municipal Building, 11 Green Street, Oxford NJ.

The membership year starts in March. \$25/year for single membership and \$45/year for family memberships.

Donations or Sponsorships are easily accepted via our website. Payments for annual membership or sponsorship can be made electronically via PayPal or by check made payable to WCARTS and sent to Warren County ARTS, PO Box 420, Washington, NJ 07882.

If you have information to share with the membership, please contact Pam at 908-581-5185 or via email: pjeden@yahoo.com

Page 2 ~The Artist's Palette~

EVENTS MONTHLY PROGRAM SCHEDULE- 2018

Date	Time	Program/ Speaker	
Sat, Jan 13	1-3pm	Voting - President & Treasurer Member "Show & Tell" about latest works	
Sat, Feb 10	1-3pm	Pamela Dulaff - Hands-on Workshop. Lilacs in Mason Jar Acrylic Painting with Q-Tips	
Sat, Mar 10	1-3pm	Jude Chase- Hands-on Workshop Acrylic "Dirty" Pouring Workshop	
Thur, Apr 12	7-9pm	Maria Filosa- Encaustic Painting Lecture	
Thu, May 10	7-9pm	TBD	
Thu, Jun 14	7-9pm	Bonnie McCaffery- Photo to Fantasy Lecture	
July	TBD	Annual Picnic	
August	No event	SUMMER BREAK	
Thu, Sept 13	7-9pm	Roberta Rose- Photo Transfer Technique Lecture	
Sat, Oct 13	1-3pm	Robert Romano- Author talk about his new book.	
Sat, Nov 10	1-3pm	TBD	



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That's what WE do, as Artists!"

GALLERY EXHIBIT SCHEDULE- 2018

DATE	EXHIBIT	RECEPTION	MELA EDEN PHOTOGRAPHY Opening Reception—	
Dec 9 - Feb 3	Annual Winter Art Exhibit	Jan 7, 2-4pm	1/13/18, 4-7PM 5 East Art Gallery, Washington, NJ EXhibit: 1/5/18 - 2/28/18	
Feb 3 - Mar 24	A Thousand Kisses Deep	Feb 25, 2-4pm		
Mar 24 - May 5	Tri_State Covered Bridges & Out Buildings	Apr 15, 2-4pm		
May 5 - Jun 23	Annual Spring Open Art Exhibit	Jun 3, 2-4pm		
Jun 23- Aug 11	GREEN	Jul 8, 2-4pm		
Aug 11- Oct 6	Through the Wires	Sept 16, 2-4pm		
Oct 6 - Dec 1	Veteran's Artwork & Photographs (Open Art Exhibit)	Nov 11, 2-4pm		
Dec 1 - Jan 26, 2019	Annual Winter Open Art Exhibit	Jan 13, 2019, 2-4pm		





Good News about money expected in Jan/Feb:

Hal Murray's Exxon Volunteer Match grant for time he has spent working for WCARTS= \$1000!

Pam Dulaff's Birthday fund raiser on Face-Book raised \$200 for Warren County ARTS!

Treasurer's Report:

\$1018.89 @ end of December 2017.



Volume 22, Issue 1 Page 3

MEMBER NEWS



Pamela Dulaff:

Jan 13, 4-7pm Opening Reception - Guest Artist at 5 East Art Gallery in Washington, NJ. Pam's exhibit runs from Jan 5 - Feb 28: Stop by the Artist Reception after the WCARTS program meeting!

Feb 17: **1-3pm** Zentangle Workshop at Warren County Library Headquarters, Shotwell Drive, Belvidere, NJ.

June 2: Lilac in Mason Jar Acrylic Painting with Q-Tips Workshop at Warren County Library Headquarters, Shotwell Drive, Belvidere, NJ.

Gloria Gehl: **April** TBD: Calligraphy Workshop at Warren County Library Headquarters, Shotwell Drive, Belvidere, NJ.

Kathleen Jusko: TBD: Workshop at Warren County Library Headquarters, Shotwell Drive, Belvidere, NJ.

Pat Olds: TBD: Workshop at Warren County Library Headquarters, Shotwell Drive,



Sled & Skates. Photowatercolor by Pamela Dulaff. One of the canvas prints displayed.

ELECTIONS 2018 FOR PRESIDENT & TREASURER

Job Descriptions for Open President and Treasurer positions:

President: (approx 5 - 8 hrs/ month)

- ♦ Preside over all meetings (Board meeting, Program meeting, Artist Receptions etc)
- ♦ Create monthly 2-3 paragraph "President's Message" for monthly newsletter
- ♦ Appoint all committees
- ♦ Authorize all calls for special meetings
- Oversee general and active management of the business of the Warren County Arts Corporation
- ♦ Ensure that all resolutions of the Board of Directors are carried into effect
- ♦ Must be a member in good standing of Warren County Arts.
- ♦ Computer skills and internet connectivity a plus, but not required.

Treasurer: (approx 5 -15 hrs/month)

- ♦ Receive and manage all monies for Warren County ARTS
 - ♦ Make deposits and acquire change for events from Bank as needed.
 - ♦ Provide new and renewed membership information to Newsletter editor.
- ♦ Keep an accurate account of all expenditures and receipts
 - ♦ Provide detailed spreadsheet monthly of income/expenses which is needed for budgeting & grant writing.
 - ♦ Attend 1x/month Board meeting to provide Treasurer report
 - ♦ Attend 1x/month Program meeting to issue payment to program presenter
- ♦ Authorized to pay all bills associated with Warren County ARTS with approval of the President

Nominees:

President:

Pamela Dulaff

??

Treasurer: Gloria Gehl

OFFICERS & COMMITTEES:

President: OPEN

Vice Pres: Kathleen Jusko

Treasurer: **OPEN** Membership: OPEN Secretary: Carol Zielinski Historian: Pat Olds

Hospitality: Shirley Spangler

Newsletter & Website: Pam Dulaff (908-581-

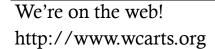
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Programs & Day Trips: Pam Dulaff

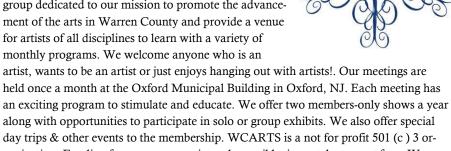
Publicity: Programs: Bill Reynolds Publicity: Shows-Brian Daum

Member at Large: Bill Reynolds

Exhibition Chair: Brian Daum



2017 saw Warren County ARTS (WCARTS) celebrating 25 years as an arts organization in Warren County NJ! After all this time we continue to be a close knit group dedicated to our mission to promote the advancement of the arts in Warren County and provide a venue for artists of all disciplines to learn with a variety of







The Art of falling safely

It's that time of year that we need to be especially careful walking around outside. So while avoiding a fall is job one, knowing how to take a fall when it's inevitable is a crucial skill.

"Be smooth, don't panic, stay loose". Here are six points to keep in mind:

1: Stay Bent. The moment you sense you've lost your balance, get ready to fall with bent elbows and knees. When people panic, they become rigid - this makes you more likely to suffer a set of injuries related to falls. Often a broken wrist or elbow because you try to brace yourself with a rigid arm.

2: Protect your Head.

If you're falling forward, be sure to turn your face to the side. Falling backwards, tuck your chin to your chest. These moves will prevent your head from hitting the ground and a potential concussion.

3: Where's the Meat?

Try to fall on the meaty parts of your bodythe muscles in your back, butt or thighs. Not bone. If you keep your knees and elbows bent and look to land on muscle, you'll be less likely to crack your elbows, knees, tailbone or hips.

4: Keep Falling.

Your instinct will be to stop your body as

quickly as you can. But your safest route is to keep rolling. In Practice Mindfulness fact the more you give into the fall, the safer it will be.

Spread the impact across a larger part of your body; don't concentrate impact on one area.

5: Be Here Now - Practice

"Mindfulness"- focus on the present and be aware of your surroundings.

6: Fix your blind spots - be sure your eyesight and glasses are checked regularly. If you can't see it, you can't avoid tripping over it.

